



Winter 2019-2020 Dec.2nd-March 1st

We love babies, toddlers and young children! Parents are required for your child's safety. There is a class for everyone at Swim-in Zone. Make-up all missed classes by attending another class before April 3rd . Class length is 30 minutes for most classes.

BABBLES TO BUBBLES- Free 20min Class for Babies 4mo-6mo.Ratio 6:1 No prerequisites 2 sessions offered during the session. **Session 1: Dec.2nd- Jan.12th Session 2: Jan. 13th-Mar.2nd**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1:00pm	11:30am				

HELLO POOL! – INTRODUCTORY/BEGINNER CLASS Ratio 8:1 No prerequisites

Most children are **less than 2 years old**, and it is usually the child's first swim class! Parents will learn holding positions, cues, safety tips, how to prepare their child for going underwater and much more. The children will learn that swimming is fun.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00am & 6:00pm	9:30am & 5:30pm	5:00 pm	10:00am	10:30am	8:30am & 10:30am	

FIRST TIMERS- INTRODUCTORY/BEGINNER CLASS Ratio 6:1

FIRST TIMERS are **2-4 year old** children who are not underwater yet. This may be their first time in swim lessons. Children will learn that the water is fun. Parents will learn safety tips, how to prepare their child for going underwater and much more.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:00pm	5:30pm		11:30am		

INTERMEDIATE CLASS Ratio 8:1

These children are somewhat comfortable in the water. Ages >1-2 Most children have been in swim lessons before and have been underwater a few times. Safety tips are always included in Swim-in Zone's swim lessons. The children will continue to practice going underwater and swimming, back floating skills, moving along the wall and much more.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:30am & 6:30pm	11:00am & 6:00pm	9:30am	6:00pm	10:30am	10:00am & 12:00am	

ADVANCED CLASS Ratio 8:1

Children should be able to swim underwater for short held swims. Parents will learn how to help their child swim for a longer distance, roll-over, exhale underwater, return to wall and much more.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:30am & 5:30pm	10:00am	11:00am & 6:00pm	9:30am & 5:00pm	11:30am	9:30am & 11:30am	

TOO LITTLE BUT TOO GOOD- MORE ADVANCED TODDLERS Ratio 6:1 ages 2.5-3.5 years.

Children should be underwater swimming, happily going under on a jump, and almost back-floating by themselves. Teacher recommendation required.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00pm	11:30am & 6:30pm	9:00am	10:30 & 5:30	10:00am	9:00am & 11:00am	