



**Red Cross Lifeguard Training Schedule\* January – December 2018**

4355 Saucon Creek Rd. Center Valley, PA 18034      610-625-4848      [www.swim-inzone.com](http://www.swim-inzone.com)

**Lifeguard Training Full course**      **\$300** includes a borrowed book in class.  
Breathing barrier pocket mask. (2 yr certificate)

**Lifeguarding/F.A.+ CPR-PR**      **\$130** includes a book to use in the class.  
**w/ AED Review**      Bring pocket mask.(2 year certification)

- **Swim-in Zone reserves the right to cancel classes with less than 6 students prior to the first day. Please register at least 7 days before the first class, so that we have books and enough equipment for all participants.**
- **Please note that while most of the dates are at Swim-in Zone, one of the dates will include time at a deep-water pool location (either Lehigh University pool or SoLeCo pool).**
- **Candidates must be 15 years old by the published date of the last class.**
- **Candidates must swim 300 yds. using freestyle (front crawl) and breaststroke on the pre-test day.**
- **Withdrawal policy: \$25.00 withdrawal fee.**
- **Bring own lunch/food/drinks, towels, swim suit, goggles, notebook, pen/pencil.**

**LGT Full Course-** you must attend all dates

Location	Day	Date	Time	Details
Swim-in Zone	Friday	Feb 2	8-9:30pm	Pre-test in water
Swim-in Zone	Sunday	Feb 18	9am-5pm	(30min lunch break)
Swim-in Zone	Sunday	Feb 25	9am-5pm	(30min lunch break)
Lehigh University Pool	Sunday	March 4	10am-1pm	
Swim-in Zone	Sunday	March 4	1:30pm-4:30pm	Final Test

**LGT Review Course-** Please be on time

Location: Lehigh University Pool      **Sunday May 20**      8am-4pm  
(bring pocket mask, swim stuff, lunch/ drinks/food)

**LGT Full Course-** you must attend all dates

Location	Day	Date	Time	Details
Swim-in Zone	Friday	May 25	8-9:30pm	Pre-test
Swim-in Zone	Sunday	June 3	9am-5pm	(30min lunch break)
Swim-in Zone	Sunday	June 10	9am-5pm	(30min lunch break)
SoLeCo Pool	Saturday	June 30	9am-Noon	
Swim-in Zone	Saturday	June 30	12:30pm-3pm	Final Test