



Winter 2017 December 4 – March 4 (12 weeks)

We love babies, toddlers and young children! Parents are required for your child's safety, and some older children need their parents to attend class with them. There is a class for everyone at Swim-in Zone. Make-up all missed classes by attending another class before June 30. Class length is 30 minutes.

HELLO POOL! – INTRODUCTORY/BEGINNER CLASS *Average Ratio 8:1 No prerequisites*

Most children are **less than 2 years old**, and it is usually the child's first swim class! Parents will learn holding positions, cues, safety tips, how to prepare their child for going underwater and much more. The children will learn that swimming is fun.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00am 5:00pm	5:30pm	1pm 5:30pm	5:00pm	10:00am	9:00am 10:30am	2:30pm

FIRST TIMERS- INTRODUCTORY/BEGINNER CLASS *Average Ratio 6:1*

FIRST TIMERS are **2-4-year-old** children who are not underwater yet. This may be their first time in swim lessons. Children will learn that the water is fun. Parents will learn safety tips, how to prepare their child for going underwater and much more.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:00pm				12:00pm	1:00pm

INTERMEDIATE CLASS *Average Ratio 8:1*

These children are somewhat comfortable in the water. Most children have been in swim lessons before and have been underwater a few times. Safety tips are always included in Swim-in Zone's swim lessons. The children will continue to practice going underwater and swimming, back floating skills, moving along the wall and much more.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30am 5:30pm	10:00 am 6:30pm	9:30am 6:00pm	10:00am 6:30pm	9:30am	8:00am 10:00am	2:00pm

ADVANCED CLASS *Average Ratio 8:1*

Children should be able to swim underwater for short held swims. Parents will learn how to help their child swim for a longer distance, roll-over, exhale underwater, return to wall and much more.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00am 6:00pm	11:00am	10:00am 6:30pm	10:30am 5:30pm	10:30am	9:30 & 11:30am	1:30pm

TOO LITTLE BUT TOO GOOD- MORE ADVANCED TODDLERS *Average Ratio 6:1 ages 2.5-3.5 years.*

Children should be underwater swimming, happily going under on a jump, and almost back-floating by themselves.

Teacher recommendation required.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:30am 6:30pm	10:30am	10:30am	6:00pm		8:30am 11:00am	

SPECIAL NEED GROUP CLASS WITH PARENT (SNAP) *Average Ratio 4:1 ages 3 & up who have a special need.*

Parents must attend class with the children.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						3:00pm

15 MINUTE PRIVATE *Ratio 1:1*

This 15-minute lesson is perfect for 2 or 3-year-olds whose parent cannot get into the pool with them. It is a one-on-one class with the instructor. **Available upon request.**