



# Spring 2018 March 5 – June 17 (15 weeks)

We love babies, toddlers, and young children! Parents are required for your child's safety. There is a class for everyone at Swim-in Zone. Make-up all missed classes by attending another class before June 30. Class length is 30 minutes.

## **HELLO POOL! – INTRODUCTORY/BEGINNER CLASS** *Average Ratio 8:1 No prerequisites*

Most children are **less than 2 years old**, and it is usually the child's first swim class! Parents will learn holding positions, cues, safety tips, how to prepare their child for going underwater and much more. The children will learn that swimming is fun.

| Monday                      | Tuesday                    | Wednesday                   | Thursday                    | Friday            | Saturday          | Sunday |
|-----------------------------|----------------------------|-----------------------------|-----------------------------|-------------------|-------------------|--------|
| 9:00am, 11:00am<br>& 5:00pm | 9:30am, 1:00pm<br>& 5:30pm | 9:30am, 11:15am<br>& 5:00pm | 9:00am, 10:15am<br>& 5:00pm | 9:30am<br>10:45am | 9:00am<br>11:00am | 1:30pm |

## **FIRST TIMERS- INTRODUCTORY/BEGINNER CLASS** *Average Ratio 6:1*

FIRST TIMERS are **2-4-year-old** children who are not underwater yet. This may be their first time in swim lessons. Children will learn that the water is fun. Parents will learn safety tips, how to prepare their child for going underwater and much more.

| Monday  | Tuesday | Wednesday | Thursday | Friday  | Saturday | Sunday |
|---------|---------|-----------|----------|---------|----------|--------|
| 11:30am |         | 10:00am   | *7:30pm  | 11:30am | 12:30pm  | 3:30pm |

## **INTERMEDIATE CLASS** *Average Ratio 8:1*

These children are somewhat comfortable in the water. Most children have been in swim lessons before and have been underwater a few times. Safety tips are always included in Swim-in Zone's swim lessons. The children will continue to practice going underwater and swimming, back floating skills, moving along the wall and much more.

| Monday              | Tuesday                      | Wednesday                               | Thursday                    | Friday            | Saturday                    | Sunday            |
|---------------------|------------------------------|---|-----------------------------|-------------------|-----------------------------|-------------------|
| 10:00am &<br>5:30pm | 10:30am, 11:30am<br>& 5:00pm | 10:15am,<br>11:00am,<br>1:00pm & 6:00pm | 9:45am, 10:30am<br>& 6:00pm | 9:00am<br>11:15am | 8:00am<br>10:00am<br>1:45pm | 12:30pm<br>3:00pm |

## **ADVANCED CLASS** *Average Ratio 8:1*

Children should be able to swim underwater for short held swims. Parents will learn how to help their child swim for a longer distance, roll-over, exhale underwater, return to wall and much more.

| Monday                         | Tuesday           | Wednesday                   | Thursday                                 | Friday            | Saturday                 | Sunday           |
|--------------------------------|-------------------|-----------------------------|--|-------------------|--------------------------|------------------|
| 9:30am,<br>11:00am &<br>6:00pm | 10:00am<br>6:30pm | 9:45am, 10:30am<br>& 5:30pm | 10:00am, 11:00am,<br>5:30pm &<br>*7:30pm | 9:45am<br>11:45am | 9:30am 11:30am<br>1:15pm | 1:00pm<br>2:30pm |

## **TOO LITTLE BUT TOO GOOD- MORE ADVANCED TODDLERS** *Average Ratio 6:1 ages 2.5-3.5 years.*

Children should be swimming underwater, happily going under on a jump, and almost back-floating by themselves. Teacher recommendation required.

| Monday                        | Tuesday             | Wednesday         | Thursday                  | Friday  | Saturday                   | Sunday |
|-------------------------------|---------------------|-------------------|---------------------------|---------|----------------------------|--------|
| 10:30am, 4:00 pm<br>& 6:30 pm | 11:00 am<br>6:00 pm | 10:45am<br>6:30pm | 9:30am, 10:45am<br>6:30pm | 10:15am | 8:30am, 10:30am<br>12:00pm | 2:00pm |

## **SPECIAL NEED GROUP CLASS WITH PARENT (SNAP)** *Average Ratio 4:1 ages 3 & up who have a special need.*

Parents must attend class with the children.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday  |
|--------|---------|-----------|----------|--------|----------|---------|
|        |         |           |          |        |          | 12:00pm |

\*Thursday 7:30 pm Advanced and Too Little/Too Good Combined class

## **15 MINUTE PRIVATE** with 3—15 minutes private make-ups

This 15-minute lesson is perfect for 2 or 3-year-olds whose parent cannot get into the pool with them. It is a one-on-one class with the instructor. Available upon request.