



Fall 2018 August 27th- December 2nd

We love babies, toddlers, and young children! Parents are required for your child's safety. There is a class for everyone at Swim-in Zone. Class length is 30 minutes.

HELLO POOL! – INTRODUCTORY/BEGINNER CLASS Ratio 8:1 No prerequisites

Most children are **less than 2 years old**, and it is usually the child's first swim class! Parents will learn holding positions, cues, safety tips, how to prepare their child for going underwater and much more. The children will learn that swimming is fun.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------|-------------|-------------|--------------|--------|--------------|--------|
| 1:00p 5:00p | 9:00a 5:30p | 9:30a 1:00p | 10:00a 5:30p | | 8:00a 11:00a | 10:30a |

FIRST TIMERS- INTRODUCTORY/BEGINNER CLASS Ratio 6:1

FIRST TIMERS are **2-4 year old** children who are not underwater yet. This may be their first time in swim lessons. Children will learn that the water is fun. Parents will learn safety tips, how to prepare their child for going underwater and much more.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|------------|----------|--------|----------|--------|
| | | 10am 6:00p | | 10:30a | 10:30a | 11:30a |

INTERMEDIATE CLASS Ratio 8:1

These children are somewhat comfortable in the water. Most children have been in swim lessons before and have been underwater a few times. Safety tips are always included in Swim-in Zone's swim lessons. The children will continue to practice going underwater and swimming, back floating skills, moving along the wall and much more.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------|-------------|--------------|--------------|--------|--------------|--------|
| 10:30a 5:30p | 9:30a 5:00p | 10:45a 5:00p | 11:00a 5:00p | 9:30a | 9:30a 12:00p | 11:00p |

ADVANCED CLASS Ratio 8:1

Children should be able to swim underwater for short held swims. Parents will learn how to help their child swim for a longer distance, roll-over, exhale underwater, return to wall and much more.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------|--------------|--------------|-------------|--------|-------------|--------|
| 10:00a 6:00p | 10:30a 6:00p | 11:15a 5:30p | 9:30a 6:30p | 10:00a | 9:00a 11:30 | 12:30 |

TOO LITTLE BUT TOO GOOD- MORE ADVANCED TODDLERS Ratio 6:1 ages 2.5-3.5 years.

Children should be underwater swimming, happily going under on a jump, and almost back-floating by themselves. Teacher recommendation required.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------|--------------|-----------|--------------|--------|--------------|--------|
| 11:00a 6:30p | 11:00a 6:30p | 10:15a | 10:30a 6:00p | 11:00a | 8:30a 10:00a | 12:00p |

SPECIAL NEEDS GROUP CLASS WITH PARENT (SNAP) Ratio 4:1 ages 3 & up who have a special need.

Parents must attend class with their children.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|
| | | | | | | 3:30 |

Babbles to Bubbles: Free for ages 2-6 months. 20 min class offered in 2 sessions 8/27-10/14 and 10/15-12/2
Monday @12:00, Wed. @11:30 and 6:30, Thurs @3:30 & Friday 11:30a

15 MINUTE PRIVATE Ratio 1:1

This 15 minute lesson is perfect for 2 or 3 year-olds whose parent cannot get into the pool with them. It is a one-on-one class with the instructor. Available upon request.