



# Winter 2018-2019 Dec. 3<sup>rd</sup> - March 3<sup>rd</sup>

We love babies, toddlers and young children! Parents are required for your child's safety. There is a class for everyone at Swim-in Zone. Make-up all missed classes by attending another class before April 3<sup>rd</sup>. Class length is 30 minutes for most classes.

**BABBLES TO BUBBLES- Free 20min Class for Babies 2mo-6mo. Ratio 6:1 No prerequisites** 2 sessions offered during the session

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1pm	12:00pm	12:30pm			12:00pm	

**HELLO POOL! - INTRODUCTORY/BEGINNER CLASS Ratio 8:1 No prerequisites**

Ages 6mo. to 1.75yrs, and it is usually the child's first swim class! Parents will learn holding positions, cues, safety tips, how to prepare their child for going underwater and much more. The children will learn that swimming is fun.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00am	5:00pm		10:00am & 5:00pm	9:30am & 5:00pm	9:30 & 11:30am	2:30pm

**FIRST TIMERS- INTRODUCTORY/BEGINNER CLASS Ratio 6:1**

FIRST TIMERS are 2-4 years old children who are not underwater yet. This may be their first time in swim lessons. Children will learn that the water is fun. Parents will learn safety tips, how to prepare their child for going underwater and much more.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:30am				11:30am	12:00pm	

**INTERMEDIATE CLASS Ratio 8:1**

These children are somewhat comfortable in the water. Ages >1-2. Most children have been in swim lessons before and have been underwater a few times. Safety tips are always included in Swim-in Zone's swim lessons. The children will continue to practice going underwater and swimming, back floating skills, moving along the wall and much more.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00am & 5:30pm	11:00am & 5:30pm	10:15am & 5:00pm	10:30am & 5:30pm	11:00am	8:00am & 10:00am	2:00pm

**ADVANCED CLASS Ratio 8:1**

Ages 1.5-3yrs. Children should be able to swim underwater for short held swims. Parents will learn how to help their child swim for a longer distance, roll-over, exhale underwater, return to wall and much more.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:00am & 6:00pm	10:30am	10:45am & 6:30pm	9:30am & 6:30pm	10:00am	9:00am & 11:00am	1:30pm

**TOO LITTLE BUT TOO GOOD- MORE ADVANCED TODDLERS Ratio 6:1**

Ages 2-3yrs. Children should be underwater swimming, happily going under on a jump, and almost back-floating by themselves. Teacher recommendation required.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:30am & 6:30pm	10:00am	11:15am & 5:30pm	6:00pm	10:30am	8:30am & 10:30am	1:00pm

**SPECIAL NEEDS GROUP CLASS WITH PARENT (SNAP) Ratio 4:1 ages 3 & up who have a special need.**

Parents must attend class with their children.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					8:00am	12:00pm