



Red Cross Lifeguard Training Schedule* January – December 2019

4355 Saucon Creek Rd. Center Valley, PA 18034 610-625-4848 www.swim-inzone.com

Lifeguard Training Full course

\$300 includes a borrowed book in class.
Breathing barrier pocket mask. (2 yr certificate)

**Lifeguarding/F.A.+ CPR-PR
w/ AED Review**

\$130 includes a book to use in the class.
Bring pocket mask.(2 year certification)

- **Swim-in Zone reserves the right to cancel classes with less than 6 students prior to the first day. Please register at least 7 days before the first class, so that we have books and enough equipment for all participants.**
- **Please note that while most of the dates are at Swim-in Zone, one of the dates will include time at a deep-water pool location (either Lehigh University pool or SoLeCo pool).**
- **Candidates must be 15 years old by the published date of the last class.**
- **Candidates must swim 300 yds. using freestyle (front crawl) and breaststroke on the pre-test day.**
- **Withdrawal policy: \$25.00 withdrawal fee.**
- **Bring own lunch/food/drinks, towels, swim suit, goggles, notebook, pen/pencil.**

LGT Full Course- you must attend all dates

Location: Swim-in Zone	Friday	Feb 1	8-9:30pm	Pre-test in water
Location: Swim-in Zone	Sunday	Feb 17	9am-5pm	(30 min lunch break)
Location: Swim-in Zone	Sunday	Feb 24	9am-5pm	(30 min lunch break)
Location: Lehigh University Pool	Sunday	March 3	10am – 1pm	
Location: Swim-in Zone	Sunday,	March 3	1:30pm-4:30pm	Final Test

LGT Review Course- Please be on time

Location: Lehigh University Pool **Sunday May 19** 8:30am-4pm
(bring pocket mask, swim stuff, lunch/ drinks/food)

LGT Full Course- you must attend all dates

Location: Swim-in Zone	Friday, May 24	8-9:30pm	Pre-test in water
Location: Swim-in Zone	Sunday, June 2	9am-5pm	(30 min lunch break)
Location: Swim-in Zone	Sunday, June 9	9am-5pm	(30 min lunch break)
Location: SoLeCo Pool	Saturday, June 15	9am-Noon	
Location: Swim-in Zone	Saturday, June 15	12:30pm-3pm	Final Test